

# Question? Remember to



# A.S.K.

## 1. Act in Faith

We act in faith when we choose to trust God and turn to Him first through sincere prayer, a study of His teachings, and obedience to His commandments.

## 2. Examine Concepts and Questions with an Eternal Perspective

To examine doctrinal concepts, questions, and social issues with an eternal perspective, we consider them in the context of the plan of salvation and the teachings of the Savior. We seek the help of the Holy Ghost in order to see things as the Lord sees them. This allows us to reframe the question (to see the question differently) and view ideas based on the Lord's standard of truth rather than accepting the world's premise or assumptions (see 1 Corinthians 2:5, 9–11). We can do this by asking questions such as "What do I already know about Heavenly Father, His plan, and how He deals with His children?" and "What gospel teachings relate to or clarify this concept or issue?"

## 3. Seek Further Understanding through Divinely Appointed Sources

As part of the Lord's appointed process for obtaining spiritual knowledge, He has established sources through which He reveals truth and guidance to His children. These sources include the light of Christ, the Holy Ghost, the scriptures, parents, and Church leaders. The First Presidency and the Quorum of the Twelve Apostles—the Lord's prophets upon the earth today—are a vital source of truth. The Lord has chosen and ordained these individuals to speak for Him.

A.S.K. – Acquiring Spiritual Knowledge