During the Sacrament

I PROMISE:

To always remember that Jesus' body was given and his blood was shed for me.

To keep the commandments.

To take upon me the name of Christ and always remember him.

MY HEAVENLY FATHER PROMISES:

That I may have his Spirit to be with me always.

Glue Picture of Savior and children here

Glue
Picture of Savior
and children
"Children of the Wolro