

Quietly I eat the bread and drink
the water, too.

I fold my arms and think of
Jesus -- that's what I should do.

Glue
Picture of Savior
and child here
"Forever and Ever"

Glue
Picture of Savior
and disciples
"Come Follow Me"

*When you follow the
Savior, you are his
disciple.*

He loves you!

*You can remember
this when you take the
sacrament.*