

Jesus gave us the sacrament
to help us remember the sacrifices
he made for us in the Garden of
Gethsemane and on the cross.

He suffered for our sins so that we
could be forgiven if we repent. He
gave his life and took it up again so
that we could be resurrected and live
again like him.

The sacrament bread represents
Jesus' body, and the water
represents his blood he shed for us.

Glue
Picture of Savior
at Last Supper here
"In Remembrance of Me"

To Think About Jesus

It shouldn't be hard to sit very still,
To think about Jesus, his cross on the hill
And all that he suffered and did for me.

It shouldn't be hard to sit quietly.

I think of the miles he walked in the dust,
And children he helped to love and to trust.
It shouldn't be hard to sit tall in my seat,
To listen politely, to quiet my feet.

It shouldn't be hard, even though I am small,
To think about Jesus, not hard at all.