

Four suggestions for problem-solving (D&C 58:27-29)

Mary Ellen W. Smoot

Former R.S. General President

1. Consider where you are headed

"When faced with a problem, search your soul to see if your present thoughts and actions are leading to a solution, feeding the problem, or possibly even creating more problems for you."

2. Ask, "What am I going to do about it?"

"Be prayerful. Be responsible when facing a dilemma." And remember that "True self-reliance implies a humble dependence upon Deity."

3. Know the value of church organizations

"[They] can help strengthen us in our problem solving" and are "set up to teach us how to come to Christ."

4. Be an influence for good

"At school and church and with friends and family, extend a loving hand of service...Whenever we truly give of ourselves, we forget about our own problems and garner newfound strength."

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