

"This Christmas, mend a quarrel.
Seek out a forgotten friend.
Dismiss suspicion and replace it with

trust. Write a letter. Give a soft
answer. Encourage youth.

Manifest your **loyalty** in word and
deed. Keep a promise.

Forgo a grudge. **Forgive** an enemy.
Apologize.

Try to understand. Examine your
demands on others. Think first of

someone else. **Be kind.** Be gentle.

Laugh a little more.

Express your **gratitude.** Welcome a
stranger. Gladden the heart of a child.

Take pleasure in the beauty
and wonder of the earth. **Speak**
your love and then **speak it**
again."

~Howard W Hunter

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