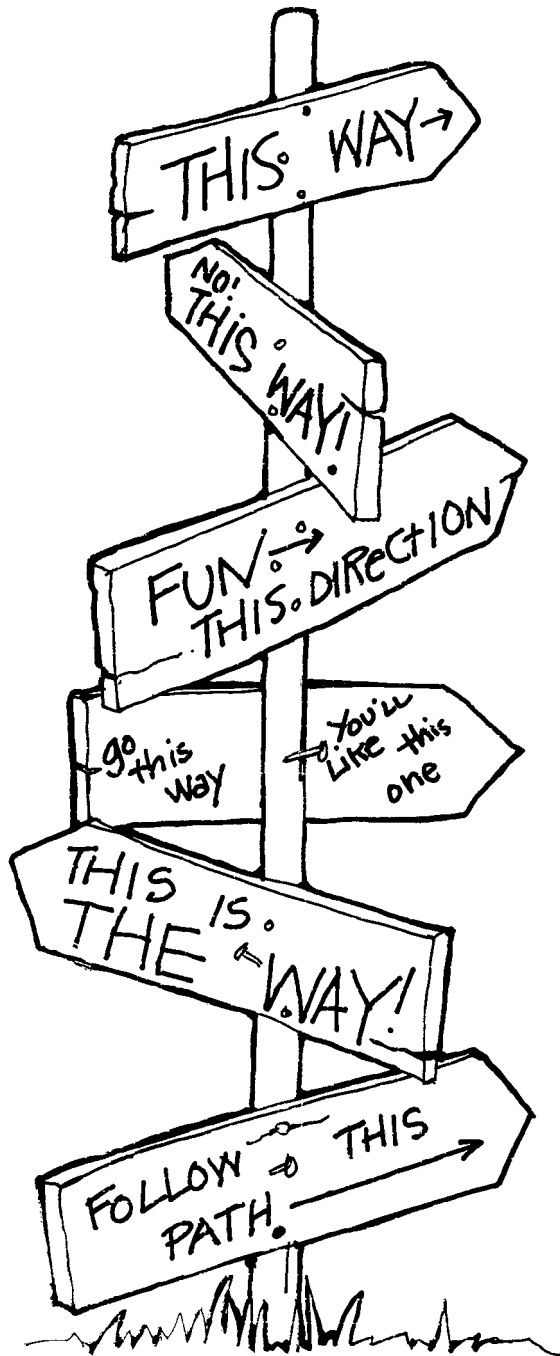




You Can Know the Truth of All Things

"You may *know*. You need not be in doubt.... The necessary procedure is: *study, think, pray, and do*.... The Lord has promised repeatedly that he will give you a knowledge of spiritual things when you have placed yourself in a proper frame of mind....' And by the power of the Holy Ghost ye may know the truth of all things.' (Moroni 10:5.)"

-Spencer W. Kimball

1. Study. (John 5:39)
2. Think. (3 Nephi 17:2-3; Moroni 10:3; D&C 88:62-63)
3. Pray. (Jeremiah 29:12-13; Alma 5:45-46; Moroni 10:4)
4. Do. (John 7:16-17)

We Can Build a Virtuous Life on the Foundation of Truth

"Obedience to commandments is the way we build a foundation of truth... He sends truth line upon line, like the

lines on the page of a book. Each time a line of truth comes to us, we get to choose what we will do about it. If we try hard to do what that truth requires of us, God will send more light and more truth. It will go on, line after line, as long as we choose to obey the truth. -Henry B. Eyring

"And ye shall know the truth, and the truth shall make you free." (John 8:32)