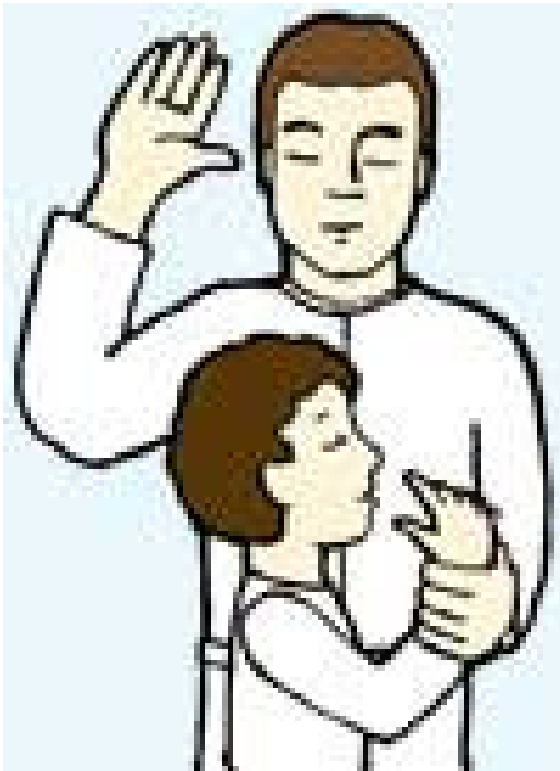
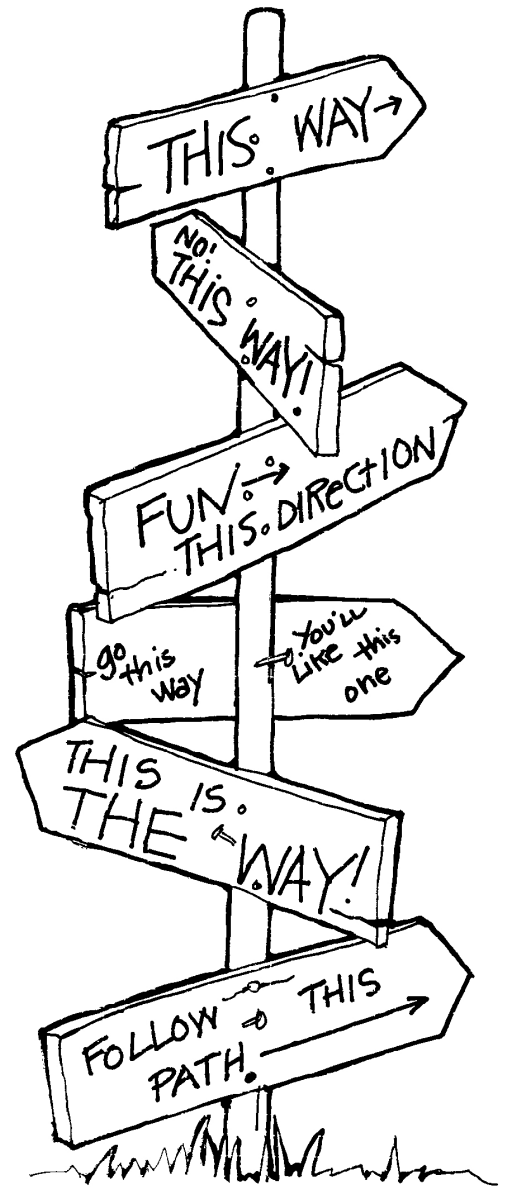


I will remember
my baptismal
covenant and
listen to the



Holy
Ghost.

I will
choose
the right.
I know
I can
repent
when I make a
mistake.



I will
only
listen
to



music that is
pleasing to
Heavenly Father.



I will
live now
to be
worthy
to go to
the temple and do
my part to have an
eternal
family.





I will
do
those
things

on the Sabbath
that will help me
feel close to
Heavenly Father
and Jesus Christ.

I will dress
modestly to
show respect for
Heavenly Father
and
myself.



I will honor my
parents and do my
part to strengthen
my family.

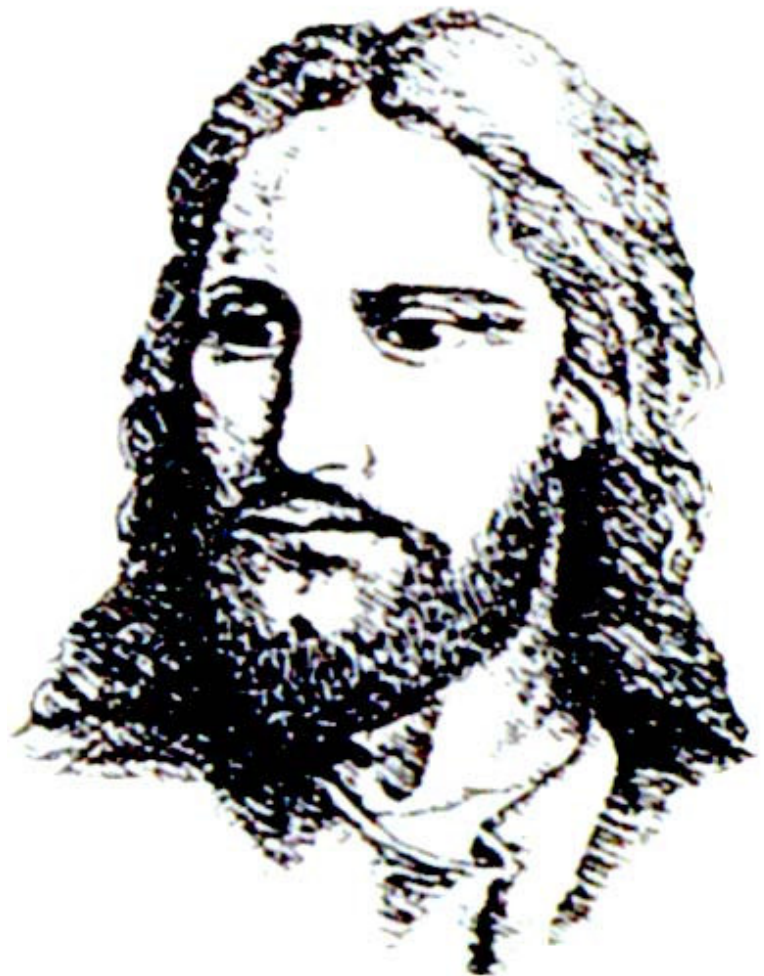




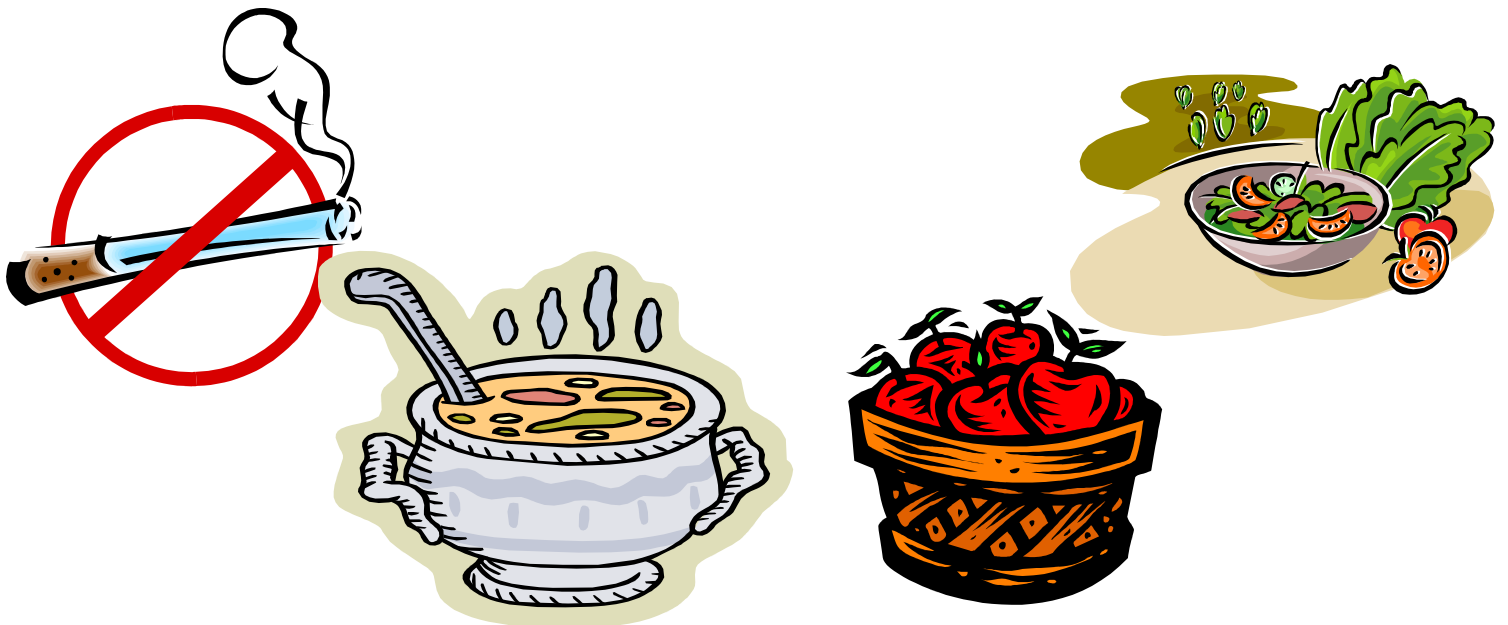
I will only
read and
watch
things that
are pleasing to
Heavenly
Father.



I will follow
Heavenly
Father's plan
for
me.



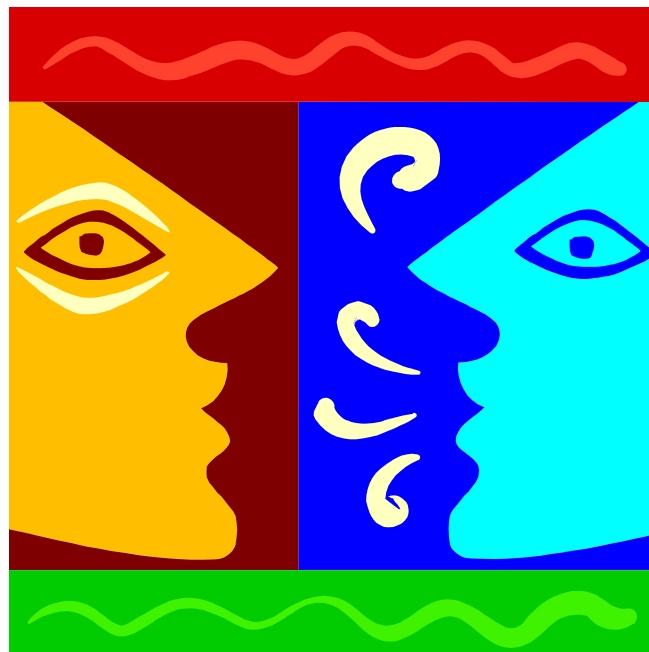
I will keep my mind
and body sacred
and pure, and I will
not partake of
things that are
harmful to me.

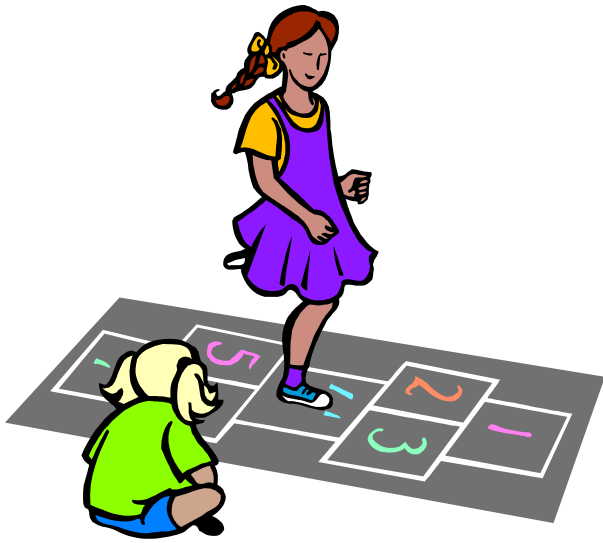


I will use the names
of Heavenly Father
and Jesus Christ
reverently. I will not
swear or use crude
words.



I will be honest
with Heavenly
Father, others,
and myself.





I will
seek
good

friends and
treat
others
kindly.

