

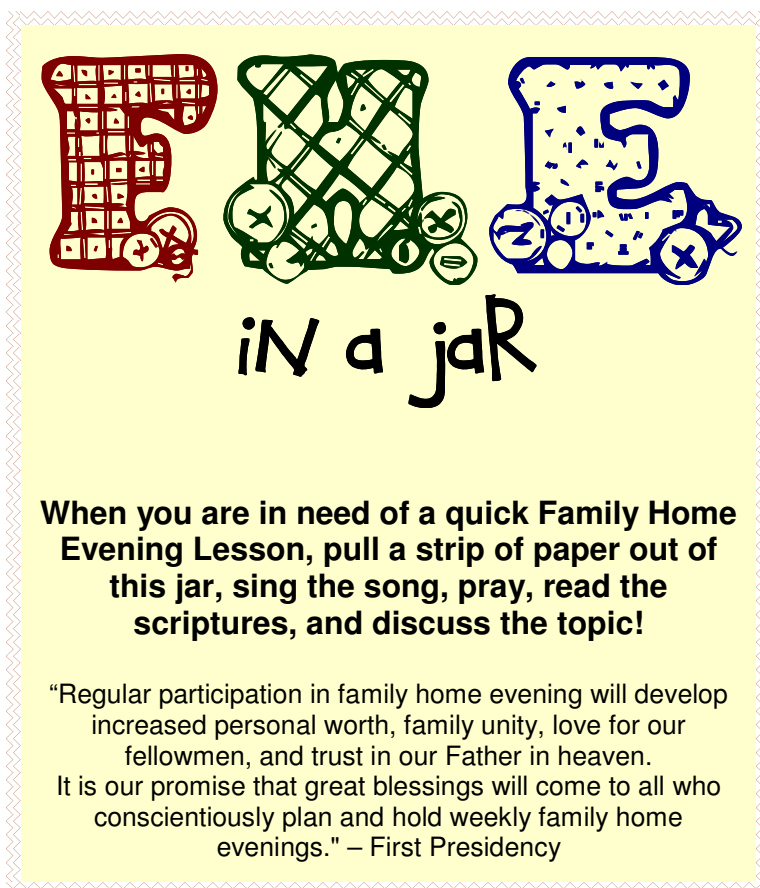
Family Home Evening in a Jar: Quick and Easy FHE Ideas

<http://www.JennySmith.net/> - Free LDS Handouts and Printables

Print out this page, cut each strip out, and drop them in a mason canning jar. Pull out a strip whenever you're in need of a quick and easy lesson. Sing your song, say your opening prayer, and read each scripture. Then discuss the information under Topic.

These FHE Jars make great gifts for people you home or visit teach.

You can tape this label to the outside of the jar, or make your own.



Song	Scriptures	Topic
"Let the Holy Spirit Guide" Hymns (Hymns, #143)	John 14:26 Moroni 10: 5-7 D&C 11:12-14 2 Nephi 32:5.	Discuss how the Holy Ghost can help you make good choices in your daily life.

Song	Scriptures	Topic
"Faith of Our Fathers" (Hymns, #84)	1 Timothy 6:12 Ether 12:12-18.	Discuss an experience you have had or that you are aware of that is an example of faith.

Song	Scripture	Topic
"Have I Done Any Good?" p, 223)	Mosiah 18:7-10	List three ways you can comfort others or help them bear their burdens. Choose one way and make plans to help someone in need.

Song	Scriptures	Topic
"Joseph Smith's First Prayer" (Hymns, #26)	James 1:5-6 Joseph Smith History 1:11-20.	Discuss what these scriptures teach you about Joseph Smith's history.

Song	Scripture	Topic
"True to the Faith" (Hymns, #254)	Mosiah 18:9	The YW theme that states you should "stand as witness of God at all times and in all things, and in all places." Have family members list three ways to do this and keep the commitment for at least two weeks.

Song	Scripture	Topic
"Count Your Many Blessings" (Hymns, #241)	D&C 130:21	Have each member identify and list blessings you have received through choosing to be obedient. List other blessings that you can strive for by being obedient.

Song	Scripture	Topic
"Know this, that Every Soul is Free" (Hymns, #240)	2 Nephi 2:11,15-16, 27-28	Discuss in FHE the blessings of responsibilities of agency. Why are we accountable for our choices, and how does making correct choices allow us to be free?

Song	Scripture	Topic
"You Can Make the Pathway Bright" (Hymns, #228)	2 Nephi 5:27 Mormon 9:14	Discuss how an attitude of happiness can improve us and help the family. Discuss how happiness comes from within, not from others.

Song	Scripture	Topic
"We Give Thee But Thine Own" (Hymns, #218)	D&C 46:11-12	Ask each family member to write down the positive qualities they see in each other. Put these comments on paper hearts and give each person theirs. Discuss how these gifts can be used to make others happy.

Song	Scripture	Topic
"For the Beauty of the Earth" (Hymns, #92)	Genesis 1.	At the end of each day of the creation, God evaluated his work and "saw that it was good". List your activities of the day, and discuss the good things you did or what you will strive to do better.

Song	Scripture	Topic
"Should You Feel Inclined To Censure" (Hymns, #235)	Alma 56:45-48 and 57:21 D&C 88: 124 -125	Think about what qualities a parent needs before they can teach their children to have faith and base their decisions on gospel truths. Discuss what these verses mean for family members in their lives.

Song	Scripture	Topic
"Lord Accept into Thy Kingdom" (Hymns, #236)	2 Peter 1:4-8	Choose one of the qualities listed. Use the Topical Guide to select a scripture that illustrates that quality. Write the verse on a card. Discuss and read the card at the beginning of each day for two weeks, and practice that quality during the day.

Song	Scripture	Topic
"Because I Have Been Given Much" (Hymns, #219)	Mosiah 4:26, Galations 6:9-10 Matthew 5:16, 25:34-40	Discuss why service is a fundamental principle of the gospel. Plan a simple service your family can do for someone else, ie make something and deliver to someone.

Song	Scripture	Topic
"The Light Divine" (Hymns, #305)	3 Nephi 12:16	Make a list of 5 ways you can let your light shine. Discuss real life situations and commit to doing it for the next week.

Song	Scripture	Topic
"In Fasting We Approach Thee" (Hymns, #139)	3 Nephi 13:16-18 D&C 59:13-14	Discuss the purpose of fasting and how to make your fast more meaningful. For two fast Sundays strive to do it.

Song	Scripture	Topic
"Each Life That Touches Ours For Good" (Hymns, #293)	Galatians 5:22-23 Colossians 3:12-14 Alma 13:28-29.	List the qualities stated in these scriptures and have family members write names of people that represent those traits (either in current life or scriptures/prophets, etc.) Discuss the power of example. Have each family member select one of the traits and commit to being a good example of it.

Song	Scripture	Topic
"Behold Thy Sons And Daughters, Lord" (Hymns, #238)	Moroni 8:25-26 and the information under the heading "Repentance" in the Bible Dictionary.	Discuss the value of repentance in today's world. How can you explain the concept of repentance to non-members?

Song	Scripture	Topic
"Lead Me Into Life Eternal" (Hymns, #45)	Read Moroni 10:32	Discuss the things that are ungodly in this world. Then discuss what it means to "deny yourselves of all ungodliness." Challenge family members to eliminate actions that are offensive to the Spirit of God

Song	Scripture	Topic
"God Is Love," (Hymns, #87) "Love One Another," (Hymns, #308)	D&C 42:45 John 15:9 1st Corinthians, Chapter 13.	Discuss what these verses mean to each of you. Have each family member write on a sheet of paper the most meaningful expression of love that each has experienced in his or her lifetime. Take time to share each experience.

Song	Scripture	Topic
Dare to do Right (Children's Songbook, #158)	Ether 3:2 Moses 4:4 2 Nephi 28:8	Have a family member read this statement by Elder Mark E. Petersen and ask for comments. "We come to the point where faith and works meet each other. Here we ask ourselves: Do our works verify our faith? Honesty, truth, virtue, and kindness are hallmarks of true Christianity. If we lack them, we can hardly say that we follow Christ. Whether it be lying, or cheating, or robbery or deception; whether it is in the home, in business, in

		sports, or in the classroom; dishonesty is completely foreign to the teachings of Jesus." (Ensign, May 1982, p 15)
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Song	Scripture	Topic
"Each Life That Touches Ours for Good:", (Hymns, #293)	Matthew 7:20 Proverbs 17:17	Which friends should we be ~ and associate with? Why is it important to have good friends?

Song	Scripture	Topic
"God Bless Our Prophet Dear", (Hymns, #24)	D&C 1:38, 68:4, 107:22	Discuss the life and example of our current Prophet, Pres. Hinckley. Read some of his words from either a recent Ensign or the Church News.

Song	Scripture	Topic
"Come Let Us Anew", (Hymns, #217)	Matthew 25: 14-30	Discuss parable: (then = at judgment day; every one = everyone; account of himself = list of sins, etc.; to whom = God) Discuss parable. (Story of common things. Has spiritual symbolism.) Discuss talents. (Anciently a sum of money. Now a gift.) How many servants were given talents? (Draw 3 stick figures.) How many talents was each servant given? (5, 2, 1) What did each one do with his given talents? (5+5, 2+2, 1+0) What does it mean to hide your talents? (not use or develop) How many talents did each servant end up with? (11,4,0) Activity: My Own Talents

		1. What talents have you been given? (at home, at church, at school, at work or in community) 2. Determine whether each talent has been "Totally Developed," Partially Discovered or Developed," "Totally Buried."
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Song	Scripture	Topic
"Arise, O God, and Shine", (Hymns, #265)	Isaiah 60: 1-3 Alma 29: 8-10, 17	Discuss the verses of the song and scriptures. What do they mean to you?

Song	Scripture	Topic
"The Time is Far Spent". (Hymns, #266)	D&C 33:2-10, 17; 51:19	Discuss the meaning of "...always having your lamps trimmed and burning and oil with you, that you maybe ready..."

Song	Scripture	Topic
"The Iron Rod", (Hymns, #274)	1 Nephi 15:23-25; 8:12:17	Discuss the meaning of the "Iron Rod". How can family members help others to hold onto the "Iron Rod"?

Song	Scripture	Topic
"Men are that They Might Have Joy", (Hymns, #275)	2 Nephi 26:14-16; 2:25 3 Nephi 12:4	Discuss the prophecies about the Book of Mormon. Discuss how important the Book of Mormon is to family members.

Song	Scripture	Topic
"As I Search the Holy Scriptures", (Hymns, #277)	2 Timothy 3:14-17 Romans 15:4	Discuss the various scriptures that we hold sacred. List the benefits of learning from the scriptures.

Song	Scripture	Topic
"Thy Holy Word", (Hymns, #279)	D&C 18:34-36 2 Nephi 5: 15-16 2 Nephi 6:3	Discuss why the scriptures are useful to us in our everyday lives.

Song	Scripture	Topic
"Rise, Ye Saints, and Temples Enter". (Hymns, #287)	D&C 109:13-21; 132:46	Discuss the importance of temple work for ourselves and for the dead.

Song	Scripture	Topic
"O Love that Glorifies the Son", (Hymns, #295)	Moroni 7: 45-48 John 17: 20-23	Discuss what charity is and why it is important.

Song	Scripture	Topic
"Our Father, by Whose Name", (Hymns, #296)	3 Nephi 18:21 Alma 7:27	Discuss how your family can be more united as one.

Song	Scripture	Topic
"Rise Up, O Men of God", (Hymns, #324)	1 Timothy 6:11-12 D&C 4:2	Discuss how the priesthood is a service organization. Whom does it benefit the most?

Song	Scripture	Topic
"My Country, 'Tis of Thee", (Hymns, #339)	2 Nephi 1:7 Ether 2:12	Discuss patriotism in your family. How can you be more pro-active in your community? Plan and execute a way to become more civically active.

Song	Scripture	Topic
"How Great Thou Art", (Hymns, #86)	Psalms 8:3-9, 9:1-2 Mosiah 4: 5-13	Discuss your feelings after singing this song and reading the scriptures.

Song	Scripture	Topic
"For the Beauty of the Earth", (Hymns, #92)	1 Chronicles 16:8-14 Alma 26:8	Discuss the attitude of gratitude. Find other gratitude related scriptures.

Song	Scripture	Topic
"Precious Savior, Dear Redeemer", (Hymns, #103)	2 Nephi 25:26 Isaiah 26:3-4 Psalm 145:8-9, 14-21	Discuss who Jesus Christ is and why do we testify of him?

Song	Scripture	Topic
" Lord, I Would Follow Thee", (Hymns, #220)	Mosiah 4:2-3 Moroni 6:8	Discuss why you should forgive others.

Song	Scripture	Topic
"Come, Come Ye Saints" (Hymns, #30)	D&C 61:36-39; 59:1-4	Discuss your pioneer heritage. If convenient to your location, visit the Pioneer Heritage State Park (This is the Place Monument), or other location of significance in the discovery or establishment of civilization in your area.

Song	Scripture	Topic
"From Homes of Saints" (Hymns, #297)	D&C 89:1-21	Discuss obedience in the Word of Wisdom.

Song	Scripture	Topic
"Where Can I Turn for Peace?" (Hymns, #129)	John 14:27; 16:33	Discuss what "peace" means to you. What gives you comfort when feeling down?

Song	Scripture	Topic
"The Spirit of God" (Hymns, #2)	D&C 110	Discuss the visions described in these verses.

Song	Scripture	Topic
"I am a child of God" (Children's Songbook, #2)	D&C 130:18-19	Education: Do I need an education?

Song	Scripture	Topic
Can a little child like me? (Children's Songbook #9)	Mosiah 2:17 Matthew 25:40	Why do we as family spend time helping other people?

Song	Scripture	Topic
"Come, Follow me" (Hymns,	John 21: 16,17	What does Feed my sheep

#116)		mean? What can our family do?
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Song	Scripture	Topic
"Follow the Prophet" (Children's Songbook #110)	John 10: 26,27	How does our family follow the Prophet? How can we follow Him better?

Song	Scripture	Topic
"I lived in Heaven" (Children's Songbook #4)	D&C 138:56	Where did we live before we were born?

Song	Scripture	Topic
"Prayer is the Soul's Sincere Desire" (Hymns, #145)	Alma 37:36-37	How do prayer works? How many kind of prayers do we have? (make a list)

Song	Scripture	Topic
"Home can be a Heaven on Earth" (Hymns, #298)	Mosiah 4:13-15 Ephesians 6:1-4	What kind of rules must we have in our home, in order to make it a happy place for all of us?

Song	Scripture	Topic
"Thank Thee for Everything" (Children's Songbook #10)	Genesis 1:31 Psalm 147:7-8	Make a list of things your family is grateful for. Also, maybe make a list of things that are not pleasant, but in fact are hidden blessings.

Song	Scripture	Topic
"I'm Thankful to be me" (Children's Songbook #11)	D&C 18:10 Luke 12:7 Psalm 92:1-2	We are all God's children. We have been given talents. Make a list of talents in your family.

Song	Scripture	Topic
"Reverence" (Children's Songbook #27)	Leviticus 19:30 D&C 19:23	How can our family be more reverent in church, at home and towards each other?

Song	Scripture	Topic
"Keep the Commandments" (Hymns, #303)	Mosiah 2:22 D&C 59:23	List the commandments and discuss importance of following them.

Song	Scripture	Topic
Sabbath Day (Hymns, #148)	Exodus 20:8-11	What do we do on a Sunday that makes us "different" than others? What can we do to keep the Sabbath holy?

Ideas courtesy of <http://www.eprimary.dk/>, some editing and additions by Jenny Smith.

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