

NEW BEGINNINGS 2007

YW Sisters at the Virtue Deli

Welcome: _____

Opening Song: As Zion's Youth in Latter-days - Hymn #256

Scripture: _____ "Let virtue garnish they thoughts unceasingly; then shall they confidence wax strong in the presence of God;" D&C 121:45

Opening Prayer: _____

Props: Camera, Tripod, Spotlight, taping sign, Photographers reflectors (cardboard covered in tin foil works just fine), The YW Logo on an easel, The Young Women Theme on an easel, For Strength of Youth Booklet, Personal Progress Booklet, rubber gloves for each of the girls, nine bowls for the garnishes, long table, chairs for each young woman.

Costumes: The YW can each wear an apron.

Setting: A banquet table is set up at the front of the room with a long 6 foot deli roll spread out on it. Be sure to cover the bread until you are ready to start preparing the sandwich. (We used six loaves of French bread with the ends cut off and sliced them open and laid them end to end to measure six feet long.) Bowls with the nine different garnishes of mayonnaise, mustard, sliced meats, sliced onions, shredded lettuce, sliced olives, sliced cucumbers, sliced tomatoes, sliced cheese, and sliced pickles are also put on the table along with salt and pepper shakers.

A chair for each young woman is set behind the table so they can sit down during the interviews in the show. The room is decorated like a deli as well as the set of a cooking demonstration show. You might also want to put a sign on the door of the room as they enter that reads VIRTUE DELI Hours: eternal time.

_____: Lights! Camera! Action! Scene one, tape one YW Sister Virtue Deli-(the taping sign falls, SNAP!) (Could wear a small beret)

_____: Quiet on the set! Three, two, one! (Then step behind the camera)

_____: (This part could be read by the Laurel Pres.)
Brothers and Sisters, welcome to the weekly taping of the cooking show by the Y W Sisters. I am your hostess, (Laurel Pres.) _____. Today we will be taping at the Virtue Deli. Our show will focus on Virtuous Garnishing. We also have invited guest Sister _____, our Personal Progress Advisor, and Bishop _____ with us later on in the show. Now, let's get started.

_____: As we begin our show today, we will give you a little background into the YW Sisters.

_____: We are a highly organized international group of young women who honor womanhood, support the priesthood, and treasure faithful motherhood and fatherhood. This little cookbook (holds up the Personal Progress Booklet) is our Personal Progress Program. It is a goal setting spiritual improvement plan. Our guest on the show today, Sister _____, will present more of it to you later.

_____: Another cookbook (holds up a For Strength of Youth Booklet) is a set of standards we strive to live by called, Standards for the Strength of Youth. These standards are:

_____: **Agency and Accountability.** Choose righteousness and happiness, no matter what your circumstances.

_____: **Gratitude.** Have a spirit of gratitude in all you do and say.

_____: **Education.** Prepare to be an influence for good in the world.

_____: **Family.** Do your part to build a happy home.

_____: **Friends.** Choose friends who share your high standards.

_____: **Dress and Appearance.** Dress modestly to show respect for God and yourself.

_____: **Entertainment and Media.** Choose uplifting entertainment.

_____: **Music and Dancing.** Listen to music that helps you draw closer to Heavenly Father.

_____: **Language.** Use language that uplifts, encourages and compliments others.

_____: **Dating.** Do not date until you are at least sixteen years old and only those who have high standards.

_____: **Sexual Purity.** Keep yourself sexually pure.

_____: **Repentance.** Confess your sins to the Lord and those you have wronged you.

_____: **Honesty.** Be honest with yourself, others, and the Lord.

_____: **Sabbath Day Observance.** Use the Sabbath to worship the Lord, attend church, draw closer to your family, and help others.

_____: **Tithes and Offerings.** Willingly pay a full tithe.

_____: **Physical Health.** Keep the Word of Wisdom. Eat nutritious food, exercise regularly, and get enough sleep.

_____: **Service to Others.** Serve others in your Church assignments and in your home, school, and community.

_____: **Go Forward with Faith.** Be true to the Lord and His Church.

_____ (YW #1): One of our favorite recipes is The Young Women's Theme. We like this one so much we recite it each week in our class. It starts with...

_____ (YW #2) Ooh! Ooh! Me! Me! I know this one... We are daughters of our Heavenly Father who loves us and we love Him.

_____: Have you ever thought about how we show Him we love Him?

_____: (YW #1) Well, it tells us exactly how in the next part of our recipe theme.

_____: (YW #2) Ooh! Ooh! Me! Me! I want to say the next part too...We will "stand as witnesses of God at all times and in all things, and in all places" as we strive to live the Young Women Values which are:

_____: (YW #1) I bet you know these too.

_____: (YW #2) Yep! Faith, Divine Nature, Individual Worth, Knowledge, Choice and Accountability, Good Works, and Integrity.

_____: (YW #1) As we live these values our recipe will make...

_____: (YW #2) I got this one covered too. We believe as we come to accept and act upon these values, we will be prepared to strengthen home and family, make and keep sacred covenants, receive the ordinances of the temple, and enjoy the blessings of exaltation.

_____: (YW #1) And there you have it folks. Our Young Women's Theme presented by _____.

_____: (Laurel Pres.) I would like to draw your attention to the Young Women's Logo over here, (points to the poster). It is a torch which represents the light of Christ, and invites all to come unto Christ, and reminds all Young Women to hold up the light of Christ by keeping His commandments. Our Young Women's motto is....

_____: (Three young women rudely interrupt) Hey sister, we got this one covered. WE WILL STAND FOR TRUTH AND RIGHTEOUSNESS.

_____: (Laurel Pres.) (exasperated, rolling her eyes) We will break for a public service announcement.

_____: (This is performed to the side of the set) Do you feel dull. Are you struggling with a dingy film on your spirit? Let this little song be your guide. You'll be brighter before you know it.

SONG: I Pledge Myself to Love the Right – pg 161 Primary Song Book.

ALL: (The Young Women can sit down for a few minutes during the interview).

_____: (Laurel Pres.) (This will be in two chairs at the side of the set) Welcome back brothers and sisters. If you are just joining us, you are watching the YW Sisters. Our show today is at the Virtue Deli on Seventh and Heaven Street. With us today is our guest Sister _____, our Personal Progress Advisor. Sister _____, tell us about this program, how we can get started, how we can be successful, and how it can help our Young Women.

_____: (Personal Progress Advisor) (Give a brief overview to the Personal Progress Program in your own words.)

_____: (Laurel Pres.) Thank you so much Sister _____. We are all excited to be successful Young Women in this spiritual goal setting program. We will now break for another public service announcement.

ALL: (Young Women stand again)

_____: Are you tired of chasing after things in your life only to find yourself at a dead end. Try seeking for the virtuous things in life.

SONG: The **Thirteenth Article of Faith** - page 132-133

_____: (Laurel Pres.) We are so glad you have returned with us. We are on Seventh and Heaven Street at the Virtue Deli. We are anxious to present our final recipe to you. It is the Ten Virtues by President Gordon B. Hinkley. The Virtue Deli has presented us with this very long and lovely loaf of bread to demonstrate for you some of the ways we can let virtue garnish our thoughts unceasingly. Let us review our recipe real quickly, and then we will get to our demonstration.

_____: Love

_____: Honesty

_____: Morality

_____: Civility

_____: Learning

_____: Forgiveness and Mercy

_____: Thrift and Industry

_____: Gratitude

_____: Optimism

_____: Faith

_____: (Unwrap the six foot long deli bread) Our first garnish is **Love**. "**Mayo**" days be filled with love one towards another. Love is the only force that can erase the differences between people or bridge the valleys of bitterness. We can all "**mustard** up" enough love within ourselves to reach out to others. (Spread the mayonnaise and mustard on the bread)

_____: (Start these lines while the mayonnaise and mustard are being spread.) The next garnish is **Honesty**. We must "**meat**" our obligation to be honest. In our day, those found in dishonesty aren't put to death, but something within them dies. (We stacked the meats in two-foot section and pre-wrapped them in tin foil to make it easier. Now place the meat on the bread.)

_____: (Start the lines while the meat is being added.) **Immorality** brings tears, just as "**onions**" bring tears. Both experience and divine wisdom tell us that moral virtue and cleanliness pave the way that leads to strength of character, peace of mind and heart, and happiness in life. (Put the onions on the sandwich, but go easy).

_____: (Start the lines while the onions are being added) "**Lettuce**" add some **Civility**. Civility carries with it courtesy, politeness, and consideration for others. All the education and accomplishments in the world will not count for much unless they are accompanied by marks of gentility, of respect for others, of going the extra mile. (Add the lettuce to the sandwich).

_____: (Laurel Pres.) Oh, that reminds me it's time for another break.

_____: (At the side of the set) Do you try to hide in your bedroom when there is work to do, or pretend like you can't hear your mother call your name. Shame on you! Be civil and remember this little song.

SONG: Go the Second Mile – page 167 Primary Song Book

_____: (Laurel Pres.) You are back with us live at the YW Sisters show. We are taping at Seventh and Heaven Street in the Virtue Deli where we are sharing our beliefs and ideals. We are so grateful they have allowed us to use their deli to demonstrate how we can garnish our thoughts with virtue. _____ why don't you take us to the next garnish.

_____: **Learning** is the next garnish. "**Olive**" us should seek for knowledge. No matter how old we become, we can acquire knowledge and use it. As we do this we will strengthen the lives of those within our circle of influence. (Add the olives)

_____: (Start the lines while the olives are being added) I get to talk about the garnish of **Forgiveness and Mercy**. All of us will feel "cu-cumber-some" if we don't forgive others. Hatred always fails and bitterness always destroys. We must forgive, forget and extend mercy to those who may have wronged us or let us down. (Add the sliced cucumbers to the sandwich)

_____: (Start the lines while the cucumbers are being added) I will be adding a little **Thrift and Industry**. Just as the "**tomato**" is red so will your accounting always be in the red if you don't practice thrift and industry. Work and thrift make a person and family independent. (Add the sliced tomatoes to the sandwich.)

_____: (Start the lines while the tomatoes are being added) "**Cheese**", it's so important to be "grate"-ful. Generously "**salt and pepper**" your life with gratitude. Gratitude is the beginning of civility, of decency and goodness. We cannot afford to be arrogant. We should walk with the knowledge that we will need help every step of the way in our lives. (We stacked the cheese in two-foot section and pre-wrapped them to make it quicker and easier to add them. Add the cheese and salt and pepper to the sandwich.)

_____: (Start the lines while the cheese and salt and pepper are being added) **Optimism** comes next on the recipe. Don't get in a "**pickle**" by being pessimistic or negative. Stop seeking out the storms and enjoy more fully the sunlight. Look for the good, still your voice of insults and sarcasm. Generously compliment and endorse virtue and efforts. (Add the sliced pickles)

_____: (Start the lines while the pickles are being added) And this brings us to the final and most important virtue on our recipe, **Faith**. We have added everything on our bread without pointing out that we must "**roll**"-up our life in faith. Great buildings were never constructed on uncertain foundations. Great causes were never brought to success without faithful leaders. Faith has always been, and always must be, at the root of any meaningful practice and endeavor. (Fold the top over onto the rest of the sandwich and add some toothpicks to keep it from falling back open.)

_____: (Laurel Pres.) And there you have it brothers and sisters, a life garnished with virtues. This recipe is sure to bring a smile to any face and joy and happiness to any life. We are so pleased to have our bishop, Bishop _____ with us today as our final guest. He will give us a few of his own cooking tips and advice on garnishing with virtue and how we can gain confidence and wax strong in the presence of the Lord.

ALL: (The Young Women sit down, except the Laurel Pres.)

_____: (Laurel Pres.) Welcome Bishop _____. Our audience is anxious to hear from you.

BISHOP _____: (Shares thoughts and feelings about the importance of living a virtuous life so that we will be worthy to stand before the Lord with confidence.)

ALL: (The Young Women stand)

_____: Thank you so much Bishop _____. We always appreciate your love and support of the YW Sisters. We have enjoyed having you with us today. Gaining a greater understanding of virtuous living is important to us so we will be worthy to stand before the Lord with confidence. We want our lives to be the best that we can and live with our Heavenly Father again some day.

SONG: When I Am Baptized – page 103 Primary Song Book

Closing Prayer: _____

(After the prayer we served the six-foot sandwich with some chips, drinks and a simple dessert to the audience.)

I PLEDGE MYSELF TO LOVE THE RIGHT

I pledge myself to love the right,
The good, the fair and true,
To keep my faith and honor bright
In everything I do.

THE THIRTEENTH ARTICLE OF FAITH

We believe in being honest, true, chaste, benevolent, virtuous,
And in doing good to all men;
In deed we may say that we follow
The admonition of Paul
We believe all things,
We hope all things,
We have endured many things,
And hope to be able to endure all things.
If there is anything virtuous, lovely,
Or of good report or praiseworthy,
We seek after these things.

GO THE SECOND MILE

When there is a task to do,
Do it with a smile.
Do more than you are asked to do,
And go the second mile.

REPEAT

WHEN I AM BAPTIZED

I like to look for rainbows whenever there is rain
And ponder on the beauty of an earth made clean again
I want my life to be as clean as earth right after rain.
I want to be the best I can and live with God again.

REPEAT