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§ "Remember, young women, the im-	
§portance of proper dating Our	
€ Heavenly Father wants you to date	
young men who are faithful members	
of the Church, who will be worthy to	
₹take you to the temple and be mar-	
∮ried the Lord's way. There will be a	
§ new spirit in Zion when the young	
women will say to their boyfriends, 'If	
∮you cannot get a temple recom-	
€mend, then I am not about to tie my	
∮life to you, even for mortality!'	
§ "My young sisters, we have such hope	
₹ for you. We have such great expecta-	
₹tions for you. Don't settle for less than	
what the Lord wants you to be" (Ezra	
§ Taft Benson, "To the Young Women of	
\$ the Church," Ensign, Nov. 1986, p. 84).	

- 1. Avoid the dangers of the dark. Stay in well-lit places—literally and figuratively. There's wisdom to leaving the lights on— $\ddot{\ }$ on the porch, in the living room, at the ance. And there's safety in shunning places that feel dark in spirit.
- 2. Beware the hazard of the horizontal. Don't lie down together with a date. Just don't do it-not to watch a movie or to " read a book or to rest at a picnic.
- 3. Remember the perils of privacy. Find public places to be alone. Learn to have your intimate talks where others are. There is great safety in being together where you can easily be inter-
- 4. Modesty is a must. Everything about graphe arance, your speech, and your demeanor should bespeak that you are a literal spirit son or daughter of Heavenly Father. If we truly understand the significance of our bodies in our Father's plan, we will show great honor for our bodies. When you dress and act modestly, others will treat you with respect.

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\$ the Church," Ensign, Nov. 1986, p. 84).	⋛∥	
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 Susan W. Tanner, "Make Dating Smooth Sailing," 	- E	·
New Era, Oct. 2004, 28	0	
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