

Living Righteously Amid Worldly Pressures

Be in the world, not of the world.

How to Stand Strong

Prayer – ask for specific help

Scripture study – find answers, feel peace

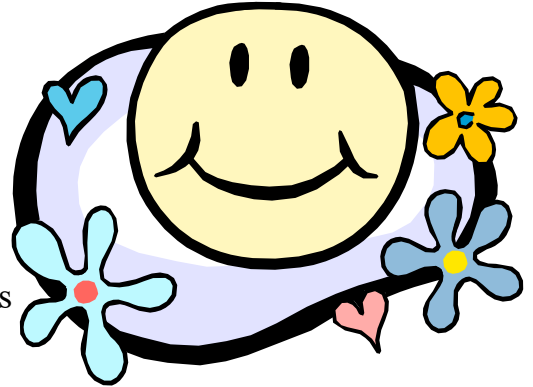
Attend your meetings – church, FHE, mutual

Strength in numbers – be with good friends

Listen for the promptings of the Holy Ghost

Listen to the Prophet – current teachings for our times

Repentance – becoming more like Christ



This week I will _____

“... to be Spiritually Minded Is Life Eternal” (2 Nephi 9:39)

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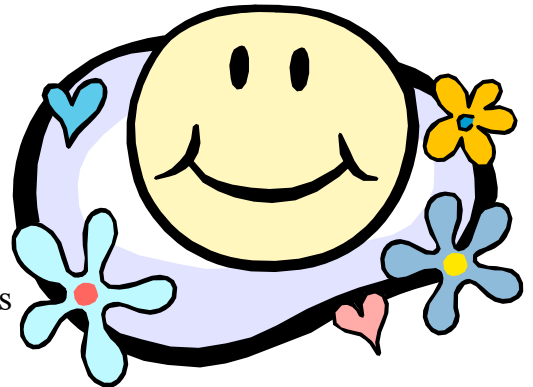
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