

The Family: A Proclamation to the World

Successful marriages and families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, and wholesome recreational activities.

Faith

Toes

Plant seed with toes

Matt: 17:20

Prayer

Knees

Kneel Down

D&C 10:5

Repentance & Forgiveness

Muscles (Thighs)

Rocket from left thigh to right where there is a **F**rog

R for Repent and **F** for Forgiveness

Mosiah 4:10

Respect

Rear

Sit on a pair of spectacles and then get up and then put them on. (**ReSpect**)

Mosiah 13:20

Love

Lungs

Big Bear Hug

Mosiah 4:15

Compassion

Shoulder

Compass on right **sh**oulder and **nest** on left shoulder

The Compass shows the way across the Shoulders to the Nest

Luke 10:33

Work

Collar

Bob the builder "building a tall collar"

Mosiah 10:4-5

Wholesome Recreational Activities

Face

Hold an egg in a spoon in your mouth and pretend to race (Make sure to keep the egg whole)

Ezra Taft Benson, "To the Fathers in Israel," Ensign, Nov 1987, 48

As a family, go on campouts and picnics, to ball games and recitals, to school programs, and so forth.