

My Baptism Day

WE MAKE THREE PROMISES AT BAPTISM:

1. **We promise to take upon us the name of Jesus Christ.** This means that we will become followers of Jesus Christ. We are willing to “stand as witnesses of God at all times and in all things and in all places” ([Mosiah 18:9](#)). We want to act like Christ and follow Him.
2. **We promise to always remember Jesus.** When we have a decision to make, we will remember Jesus and think about what he wants us to do.
3. **We promise to keep the commandments.** This means we will learn what is right and strive to live the laws of the gospel written in the scriptures and spoken by the prophets.

This old penny represents sin. Notice how dark it is. It has lost its ability to shine. That is how sin affects our spirit. Each sin, no matter how small, adds darkness to our spirits. When we sin our spirits are dimmed like this penny, and we aren't able to return to live with Heavenly Father.

Heavenly Father loves us more than anyone. Because of that love, He has provided a way for us to forsake our sins and find our way back to Him. The way is baptism.

This new penny represents baptism. After baptism we are as fresh and new as when we were born. We are sin free -- absolutely clean. If we partake of the sacrament to renew our baptismal covenants and genuinely repent of our sins, we will stay as clean as this new penny. Our light can shine because we're clean.