

“Happiness does not depend on what happens outside of you but on what happens inside of you” – Harold B. Lee

Heavenly Father wants us to be happy and to have joy.

2 Nephi 2:24-25

24 But behold, all things have been done in the wisdom of him who knoweth all things.

25 Adam fell that men might be; and men are, that they might have joy.

John 13:17

17 If ye know these things, happy are ye if ye do them.

Alma 41: 10

10 Do not suppose, because it has been spoken concerning restoration, that ye shall be restored from sin to happiness. Behold, I say unto you, wickedness never was happiness.

Is this joy something we can have today, or is it something we will have only in the future?

Who is responsible for seeing that you have joy and happiness now?

Read D&C 58: 27-28

27 Verily I say, men should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness;

28 For the power is in them, wherein they are agents unto themselves. And inasmuch as men do good they shall in nowise lose their reward.