

Healthy Relationships

Your relationship is healthy when....

- You trust your partner.
- Your partner likes your friends, encourages you to spend time with them, and wants to include them in his life as well as yours.
- You make important decisions together.
- Your partner understands when you want to spend time away from him.
- You don't have to lie to protect your partner's reputation or cover for his mistakes.
- Your partner encourages you to enjoy different activities (like joining the volleyball team, or being in a play) and helps you reach your goals.
- Your partner likes you for who you are--not just for what you look like.
- You are not afraid to say what you think and why you think that way.
- You like to hear how your partner thinks, and don't always have to agree.
- You have both friendship and physical attraction.
- You don't have to be with your partner 24/7.

