Family Emergency Plan

Family Members

1. **Name:** _____ **Special Needs or Medication:** _____
   Birth Year: _____ _____
2. **Name:** _____ **Special Needs or Medication:** _____
   Birth Year: _____ _____
3. **Name:** _____ **Special Needs or Medication:** _____
   Birth Year: _____ _____
4. **Name:** _____ **Special Needs or Medication:** _____
   Birth Year: _____ _____
5. **Name:** _____ **Special Needs or Medication:** _____
   Birth Year: _____ _____
6. **Name:** _____ **Special Needs or Medication:** _____
   Birth Year: _____ _____

Family Locations

Day-Time	Night-Time	Weekends
Work Location 1: **Address:** _____ **Evacuation Location:** _____	**Location 1:** **Address:** _____ **Evacuation Location:** _____	**Location 1:** **Address:** _____ **Evacuation Location:** _____
Work Location 2: **Address:** _____ **Evacuation Location:** _____	**Location 2:** **Address:** _____ **Evacuation Location:** _____	**Location 2:** **Address:** _____ **Evacuation Location:** _____
School Location 1: **Address:** _____ **Evacuation Location:** _____	**Location 3:** **Address:** _____ **Evacuation Location:** _____	**Location 3:** **Address:** _____ **Evacuation Location:** _____
School Location 2: **Address:** _____ **Evacuation Location:** _____	**Location 4:** **Address:** _____ **Evacuation Location:** _____	**Location 4:** **Address:** _____ **Evacuation Location:** _____
School Location 3: **Address:** _____ **Evacuation Location:** _____	**Location 5:** **Address:** _____ **Evacuation Location:** _____	**Location 5:** **Address:** _____ **Evacuation Location:** _____

Family Meeting Place (after the emergency)

 # 1 **Home:** _____
Actions: _____

#2 **Neighborhood Place:** _____
Actions: _____

☑Family Drills & Review

- ☐ Practice "drop, cover, and hold on."
- ☐ Find Safe spots in every room.
- ☐ Learn/Teach how to protect yourself where you are, when an earthquake hits.
- ☐ Install Smoke Alarms
- ☐ Drill the evacuation of bedrooms in case of a fire.
- ☐ Have local Fire Department train your family. how to properly use a Fire Extinguisher.

☐ Ask each house member: What are you going to do during /after an earthquake/fire, if you are:

1. at Home
2. at Work
3. at School
4. in a car
5. walking outside
6. with friends ?

☐ Ask each house member: What are you going to do after an earthquake, if you can't leave:

1. Home
2. Work
3. School
4. friend's home ?

- ☐ Select a safe place outside your home to meet your family/ roommates after the shaking stops.
- ☐ Flashlight (with batteries) by each bed
- ☐ Pair of Shoes by each bed
- ☐ Practice using Emergency Whistle/ or knock 3 times repeatedly if trapped.
- ☐ Find the shut-off for the Natural Gas & know how to shut it off.
- ☐ Find the shut-off for the Electricity & know how to shut it off.
- ☐ Find the shut-off for the Water & know how to shut it off.
- ☐ Drill: Earthquakes in the morning.
- ☐ Drill: Earthquakes while watching TV
- ☐ Drill: Earthquakes with pets.
- ☐ Drill: Earthquakes in cars.
- ☐ Learn: First Aid
- ☐ Learn: CPR
- ☐ Learn: C.E.R.T (our valley has these Teams)

Additions to the Family Plan

1. **Fix Hazards in Your Home and House Foundations**
2. **Create "Go – Bags" for each member in your home.**
3. **Create Long-Term (3 months) Supply of Living Necessities:**
   Food (that you actually eat), Water, Sanitary Items, Cooking Methods/Supplies

"The amount of satisfaction you get from life depends largely on your own ingenuity, self-sufficiency, and resourcefulness."

Scientist William C. Menninger, quoted in the Associated Press

"The great thing in the world is not so much where we stand, as in what direction we are moving."

Oliver Wendell Holmes, quoted in the Arizona Republic