

Faith Factor

To get started, quote D&C 38:30 which says, "...if ye are prepared, ye shall not fear."

Read the following instructions:

"We are going to play Faith Factor tonight and for those of you who are "prepared" by having some gospel knowledge and knowing how to use the scriptures to look for information, "ye shall not fear". But for those of you lacking and slacking in spiritual preparation, ye might have a little fear tonight.

"You have been divided into three teams. Each team has an official spokesperson. I will ask a question - - you may discuss the answer amongst yourselves and as soon as you have an answer send your spokesman up to ring this bell and answer. The first team to correctly answer the question receives 10 points. The other two teams will then have to compete in a challenge. I will read the challenge and they will quickly send forward the people who will participate. Some challenges require one person, some more than one person. Your team may send who they choose, but everyone on the team should participate in at least one challenge at some point. Don't keep sending the same person time after time. The team who wins the challenge is awarded five points and the team who loses the challenge gets 0 points."

Our youth had a lot of fun – some of the questions are a little easy but you'd be surprised with the youth on how many that they had to think on. We enjoyed the ones where they were thumbing through the scriptures and their Strength of Youth pamphlets. I organized the things for each challenge beforehand in large Ziplock bags so that I could always easily find the next items we needed and keep it rolling. We had one leader asking the questions and another readying the next challenge so the game flowed without interruption.

Submitted by Jill B.

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Faith Factor Questions:

1. Name the three members of the General Presidency of the Church. (*Gordon B. Hinckley, Thomas S. Monson, James E. Faust*)
2. Where is the doctrine known as “The Word of Wisdom” found in the scriptures? (*Doctrine and Covenants Section 89*)
3. Recite the Scout Oath. (*On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.*)
4. According to the “For the Strength of Youth” pamphlet, what are two things you should avoid on Sunday? (*seeking entertainment, spending money*)
5. Who found a “round ball of curious workmanship” AND how many spindles did it have? (*Lehi; 2*) *hint if they get stuck - - 1 Nephi chapter 16*
6. What are the three offices of the Aaronic Priesthood that Young Men can hold? (*deacon, teacher, priest*)
7. Recite the YW theme. (*We are daughters of our Heavenly Father, who loves us, and we love Him. We will stand as witnesses of God at all times and in all things, and in all places as we strive to live the Young Women values, which are: Faith, Divine Nature, Individual Worth, Knowledge, Choice and Accountability, Good Works and Integrity. We believe as we come to accept and act upon these values, we will be prepared to strengthen home and family, make and keep sacred covenants, receive the ordinances of the temple, and enjoy the blessings of exaltation.*)
8. Who was the third latter-day prophet? (*John Taylor*)
9. Find the two scripture references that promise us the “windows of heaven” will be open to us when we pay our tithing and fill the Lord’s “storehouse”. (*Old Testament: Malachi 3:10 Book of Mormon: 3 Nephi 24:10*)
10. In the “For the Strength of Youth” pamphlet, what 3 things are we told are necessary for a strong body? (*nutritious meals, regular exercise, appropriate sleep*)
11. List the 7 YW values and the color that represents each.
Faith - - White
Divine Nature - - Blue
Individual Worth - - Red
Choice & Accountability - - Orange
Knowledge - - Green

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Good Works - - Yellow
Integrity - - Purple

12. Recite the sacrament prayer for the bread that was written down by Moroni. (*O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and sanctify this bread to the souls of all those who partake of it; that they may eat in remembrance of the body of thy Son, and witness unto thee, O God, the Eternal Father, that they are willing to take upon them the name of thy Son, and always remember him, and keep his commandments which he hath given them, that they may always have his Spirit to be with them. Amen. Moroni 4:3*)
13. Recite the 8th Article of Faith. (*We believe the Bible to be the word of God as far as it is translated correctly; we also believe the Book of Mormon to be the word of God.*)
14. What year was Joseph Smith, Jr. born? (*1805*) - - *Hint if they are stuck – we just celebrated the 200th anniversary of his birth*
15. What two things are we told to “learn in our youth” in Alma 37:35? (*1 – wisdom, 2 – to keep the commandments of God*)
16. Where in the book of Matthew is the account of the Savior administering the sacrament to his apostles AND what is this event commonly called? (*Matthew 26: 26-28 - - - The Last Supper*)
17. What year was the Baton Rouge Temple dedicated AND who offered the dedicatory prayer? (*2000 - - - President Gordon B. Hinckley*)
18. How many years did it take to construct the Salt Lake Temple? (*40 years*)
19. Name 5 of Lehi’s children. (*Nephi, Laman, Lemuel, Sam, Joseph, Jacob*)
20. In what book is found the story of the Brother of Jared seeing and speaking with the Lord? (*Ether*)

Tie Breaker if needed:

What was the date of the dedication of the Kirtland Temple? (*March 27, 1836*)

Faith Factor Challenges:

1. Each team will be given one basketball and will select one player to shoot and one player to help rebound. Each team will send their two people to either goal to shoot from anywhere on their half of the court. The team who scores the most goals in 2 minutes will win the challenge.
2. Each team will select one representative to the table to eat a whip cream pie. The player must keep his hands behind his back the entire time. The first player to eat his entire whip cream pie will win the challenge.
3. Each team will select one person to tie a man's tie correctly. That person may choose to tie it on himself or select a person on which to tie it. The first person to finish correctly tying the tie (must be ok'd by a judge - the tie must have an appropriate size knot and both ends must be the right length) will win the challenge.
4. Each team will send one person with a hymnbook. They will be given three gumballs to chew and as soon as they are able after getting the gum into their mouth, must sing the first verse of "Called to Serve" - - the words must be able to be understood. The first to finish singing the verse will win the challenge.
5. Each team must select one member to create an origami mouse by following the instructions given. The first to correctly create the origami mouse will win the challenge.
6. Each team must select one member to run down to one of the sleeping bags and while in the bag, place on over their clothing every item of clothing that is in the bottom of the sleeping bag. The first person to get out of the bag while wearing all of the items will win the challenge.
7. Each team will send one member to eat an entire jar of baby food. A spoon will be provided. The first person to eat all of the food in the jar and get the approval of the judge will win the challenge.
8. Each team will send two members to the basketball court. One of them, the shooter, will be blindfolded and placed on the center of the free throw line and the other will stand near the goal to be the rebounder. The shooter will try to make a goal from the free throw line while blindfolded. Anytime they miss, their rebounder should hustle and get the ball and hand it back to them. The first team to make a free throw will win the challenge.
9. Each team will send one member to the gym floor to jump rope. The first person who can jump 50 times without a mess-up will win the challenge. If they do mess up, they start the counting over again at 1 (each person should have a judge stand next to them and make the "official" count).
10. Each team will send one team member to the table where there will be a large bowl full of dirt (oreos) and worms (gummi worms). The player will be blindfolded and must keep their hands behind their back. The person must use only their mouth and

face to “dig” for worms. They must dig out the green colored worm to win. When they get a worm in their mouth, they need to show it to their team to see what color it is. The team will shout out that it is either red in which case they will have to eat it and dig in again until they find the green or green in which case they will eat and swallow it and stick out their tongue to show the judge that they are done). There is only one green worm in each bowl. The first team to find the green worm and swallow it will win the challenge.

11. Each team will be required to put together a 50 piece puzzle. They will not be given a picture of what it is supposed to look like to help them assemble it. The team may use as many members as they choose to help do the puzzle. The first team to finish will win the challenge.

12. Each team will send one member to the table where there will be two bowls - - one full of bugs and the other empty. Using only their mouth, the person must get all of the bugs out of the first bowl and into the empty one. All bugs must make it into the second bowl. The first player to transfer all of his bugs into the empty bowl will win the challenge.

13. Each team will send one player to the basketball court to dribble a basketball from one end of the court to the other. They will start at one base line and have to dribble their ball all the way to the other baseline. The basketballs they will use, however are the size of superballs. The first person to cross over the end baseline and have their ball in their hand will win the challenge.

14. Each team will send one member to the table where they will be blindfolded. Five bowls containing food items will be placed on the table. The person will have to identify the food items by smell, touch and/or taste. The first person to correctly identify 4 of the 5 items will win the challenge.

15. Each team will send one member to eat as many pretzels as they can in 2 minutes. They must completely eat one pretzel before starting on the next one. The person who has eaten the most pretzels (by official judge’s count) at the end of two minutes will win the challenge.

16. Each team will send one member to the containers of balloons. The person must move all of the balloons from one container to the empty container. If one of the balloons doesn’t fall into the container, they must go after it and get it into the container. The only way they may lift the balloons, is by putting a straw into their mouth and putting the other end to the balloon and using suction to lift and move it. The first person to get all of the balloons into the other container will win the challenge.

17. Each team will send two members to the gym floor. One member will have to carry the other from one base line to the other. They will then have to switch and carry the other person back to the other end. The first team to cross the line at the other end will win the challenge. (Teams can select how they will carry - -either in front like a scoop or piggy back.)

18. Each team will select two members to come to the table. Each team will be given a can of alphabet soup, one paper plate, two spoons and two bowls. The team will have to pick out letters to spell a gospel word that is at least five letters long (such as faith, gospel, prayer, Bible, etc.). They may use the spoons and bowls however they wish to help them find the letters. The first to correctly spell a gospel related word on the plate and show it to their judge will win the challenge.

19. Each team will send one person who will be given three large dice. They will roll the dice until they roll a triple of the same number. The first person to roll a triple will win the challenge.

20. Each team will send one person to the gym floor. Each person will be given a smooshy ball and will be placed on different sides of the court on the same baseline. Each person will be given three tries to throw the ball as far as they can. Distance will be marked by a judge standing where the ball initially lands. If the next throw for that person goes farther, the judge will move back to that place. If the next throw is shorter, the judge will stay where they are. At the end of three tries, the person with the longest throw will win the challenge.

Items Needed to play Faith Factor:

Here are the things you need for the Faith Factor activity (most can be found around home or purchased at a dollar store):

A bell, paper towels or wipes, some paper under the table where the food stunts will be done

Challenge 1 - two basketballs

Challenge 2 - 2 cans whipped cream, 2 pie tins

Challenge 3 - 2 neckties

Challenge 4 - two hymnbooks, 6 large gumballs

Challenge 5 - two copies of mouse pattern and instructions as found at:

<http://tammyyee.com/origamimouse.html>

Challenge 6 - 2 sleeping bags, 2 sets of clothing such as t-shirts, shorts, long pants, jacket, socks and a belt

Challenge 7 - 2 large jars of baby food, 2 spoons

Challenge 8 - 2 basketballs, 2 blindfolds

Challenge 9 - 2 jumprobes

Challenge 10- 2 large bowls, enough crushed oreos to fill the bowls 2/3 full, 6 - 8 red gummi worms, 2 green gummi worms

Challenge 11 - 2 puzzles (24 - 50 piece size)

Challenge 12 - 4 bowls, 2 bags of "critters" (either plastic bugs, snakes, insects...)

Challenge 13 - 2 superballs (I found ones that looked like mini-basketballs at the dollar store)

Challenge 14 - 10 small bowls, 2 blindfolds, at least 5 different food items (we used ketchup, stemmed strawberries, Doritos, peppermint patties, chocolate icing, apple sauce, candy corn - - you may want to give the two contestants different items so that it doesn't matter if they hear the other person's answers)

Challenge 15 - two small bowls of pretzels (this one is harder than it seems because after a couple of pretzels, all of their saliva has been absorbed!)

Challenge 16 - 4 laundry baskets (or boxes about that size), about 6 balloons for each contestant, 2 straws that are thick and sturdy

Challenge 17 - nothing needed

Challenge 18 - 2 large cans of alphabet soup, 2 plates, 4 bowls, 4 spoons

Challenge 19 - 6 dice

Challenge 20 - 2 smooshy balls (the ones that are squishy and have tentacles all over them)