

What can I learn from living prophets and apostles?



The living prophets and apostles receive revelation to guide the Church, and their counsel reflects the will of the Lord, who knows us perfectly and understands our challenges. Their teachings can help us with the challenges we face today. We are blessed to be led by living prophets and apostles and to receive their counsel every six months during general conference.

How have the teachings of the prophets and apostles helped you overcome challenges?

Prayerfully study these scriptures and resources.

- Mosiah 8:16–18 - A seer can be a great benefit to his fellow men
- D&C 1:38; 68:3–4 - When the Lord's servants speak by the Spirit, what they say is scripture.
- “Prophets,” *True to the Faith* (2004), 129–30

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How can I improve my scripture study?



The scriptural command to “feast upon the words of Christ” (2 Nephi 32:3) implies much more than just casually reading the scriptures. We should search them diligently, pondering what they teach and likening these teachings to ourselves. We should pray for understanding and follow any promptings we receive from the Holy Ghost. Meaningful study of the scriptures can build our faith, fortify us against temptation, and help us draw nearer to Heavenly Father.

How have the scriptures influenced your life? What have you done to make your scripture study more meaningful?

Prayerfully study these scriptures and resources.

- Isaiah 34:16; 1 Nephi 10:19; D&C 88:63, 118 - If we seek, we shall find.
- 1 Nephi 19:23 - We should liken the scriptures to ourselves.
- Psalms 119:105; 2 Nephi 4:15–16; D&C 138:1–11; Joseph Smith—History 1:11–13 - Pondering the scriptures brings revelation.
- 2 Nephi 32:3 - We should feast upon the words of Christ.
- D&C 11:22 - Seek to obtain God’s word.
- Joseph Smith—Matthew 1:37 - Those who treasure up the word of God will not be deceived.

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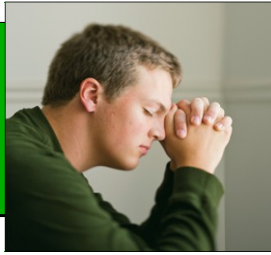
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How does reverence help me receive revelation?



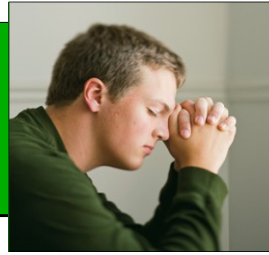
When we are reverent, we show our love for God and are better able to receive personal revelation. A reverent attitude helps make us more sensitive to the still, small voice of the Spirit. If we treat sacred things with reverence, Heavenly Father will trust us and reveal to us additional truths.

What does reverence mean to you? How has reverence helped you feel the Spirit?

Prayerfully study these scriptures and resources:

- 1 Kings 19:12; 3 Nephi 11:1–7 - God communicates through a still, small voice.
- Psalm 46:10 - “Be still, and know that I am God”.
- D&C 63:64; 84:54–57 - Treat sacred things with reverence,
- “Reverence,” *True to the Faith* (2003), 145
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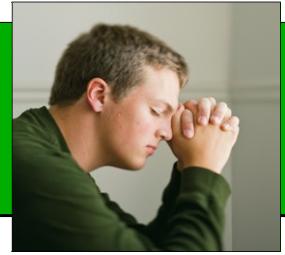
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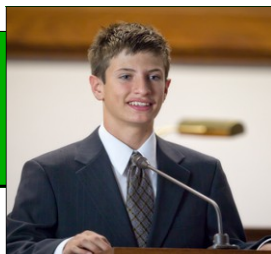
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What does it mean to bear testimony?



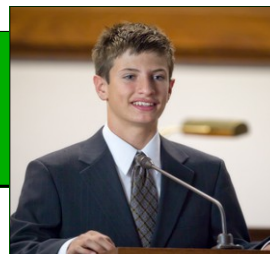
A testimony is a spiritual witness, given by the Holy Ghost, of the truthfulness of the gospel. When we bear testimony, we declare to others what we know to be true by the power of the Spirit. The foundation of a testimony is the knowledge that Heavenly Father lives and loves us, that Jesus Christ is our Savior, that His gospel has been restored through the Prophet Joseph Smith, and that The Church of Jesus Christ of Latter-day Saints is the Savior's true Church.

How have you been influenced by the testimony of others? How has bearing your testimony—formally or informally—strengthened it?

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- Matthew 16:13–19; Mosiah 3:17; Alma 5:45–48; 7:13; D&C 76:22–24 - Examples of testimonies in the scriptures.
- Alma 4:18–20 - The power of bearing testimony.
- Alma 11:39–41; 12:1; 15:12 - The testimony of Amulek has a powerful influence on Zeezrom.
- “Bear Testimony Frequently,” *Preach My Gospel* (2004), 198–99

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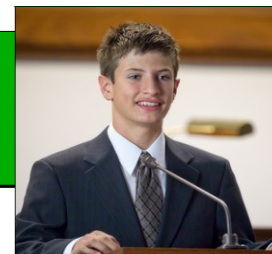
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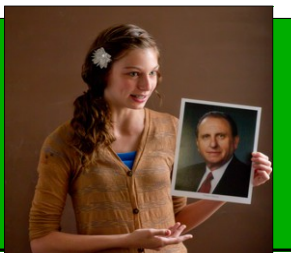
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What can I learn from President Monson about following the Spirit?



President Thomas S.

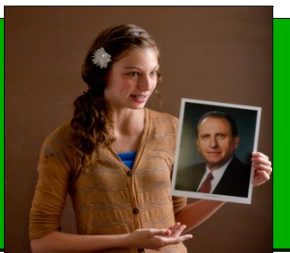
Monson has said: “Not a day has gone by that I have not communicated with my Father in Heaven through prayer. It is a relationship I cherish—one I would literally be lost without. If you do not now have such a relationship with your Father in Heaven, I urge you to work toward that goal. As you do so, you will be entitled to His inspiration and guidance in your life—necessities for each of us if we are to survive spiritually during our sojourn here on earth. Such inspiration and guidance are gifts He freely gives if we but seek them. What treasures they are! I am always humbled and grateful when my Heavenly Father communicates with me through His inspiration. I have learned to recognize it, to trust it, and to follow it” (“Stand in Holy Places,” *Ensign* or *Liahona*, Nov. 2011, 84).

How has following the promptings of the Holy Ghost blessed your life? How have you been inspired by President Monson’s example in this regard?

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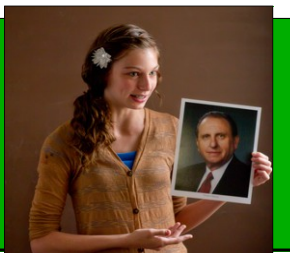
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