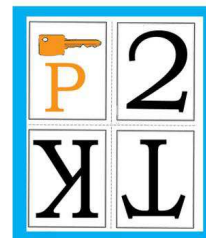
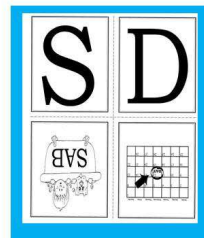
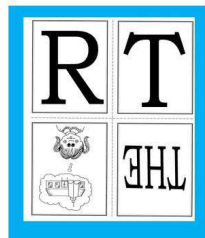


August Sharing Time: Week 3 & 4

I should do things on the Sabbath that will help me stay close to Heavenly Father.

Identify the Doctrine: Start with this fun object lesson. I have seen this done before. (I take no credit for this cute object lesson) Place a bowl of ice cream on a table. Tell the children we will be having a Sundae. Then, cover the sundae with catsup, mustard, etc. Then, say we love these condiments but they are not appropriate on a Sunday.

Memorize Scripture: Take the Letter cards, cut and fold. (See attached) Tape each letter to the board. Follow the Sharing Time outline. Let the kids flip over the letter to reveal a clue about the word. Continue through the entire scripture.

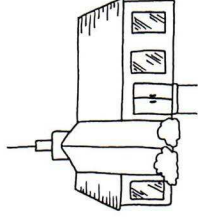
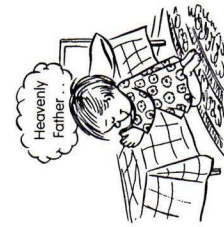
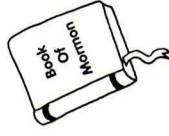
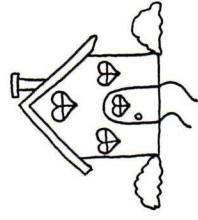
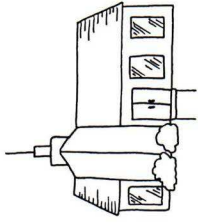


Encourage Understanding: Follow the outline as described. Use attached sheets for each group. On each sheet there is a paragraph from “The Strength of Youth” as well as three cards to play the game.

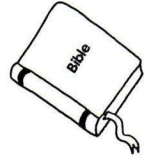
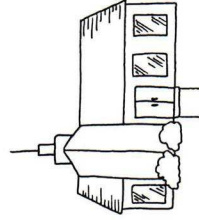
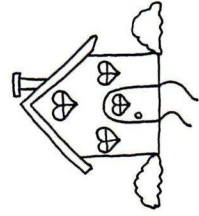
Game Instructions: After each group reads their paragraph, have one member of the team come to the front and either act out or draw the word on their card. After everyone guesses the three words that go along with that paragraph, discuss in more detail the lesson learned. Continue on through all four groups. Teach the doctrine as you go.



Additional Ideas: Lesson and game from “Keeping the Sabbath Day Holy” FHE packet.

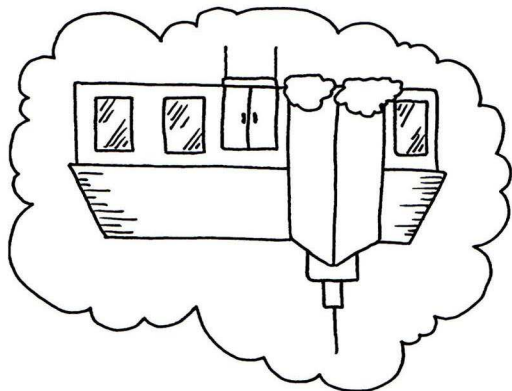
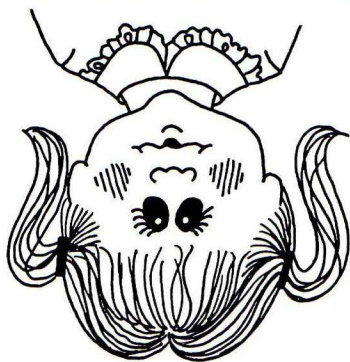


“Remember the
Sabbath day,
to keep it holy.”
Exodus 20:8



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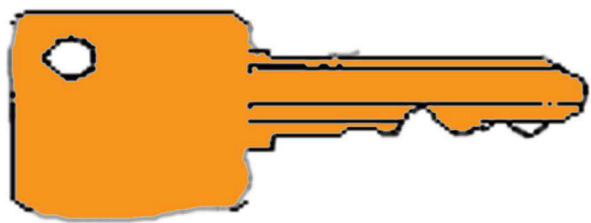
THE

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	23	24	25	26	27	28
	16	17	18	19	20	21
	9	10	11	12	13	14
	2	3	4	5	6	7
1						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday



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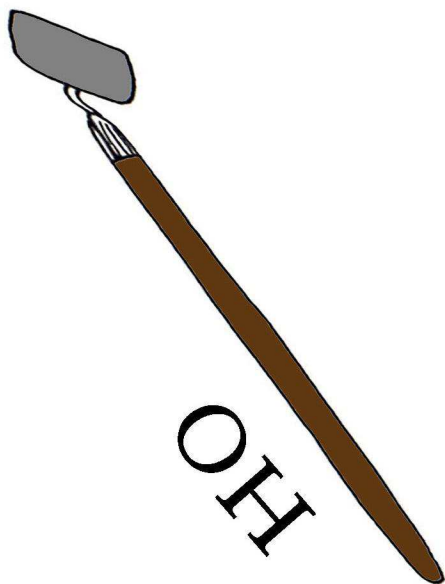
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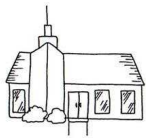
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Group 1

Taken from "For the Strength of Youth"



The Lord has given the Sabbath day for your benefit and has commanded you to keep it holy.

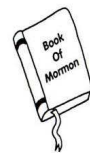
Honoring the Sabbath day includes attending all your Church meetings. Go to sacrament meeting prepared to worship the Lord and partake worthily of the sacrament. During sacrament meeting, be reverent and willing to learn. Refrain from activities that would distract you or others during this sacred meeting. Be on time for your meetings. As you do these things, you invite the Spirit of the Lord to be with you.

Church	Sacrament	Reverent
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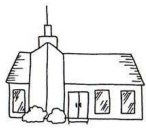
Group 2

Taken from "For the Strength of Youth"



Prepare during the week so that you can reserve Sunday for the many uplifting activities that are appropriate for the Sabbath day. Such activities include spending quiet time with your family, studying the gospel, fulfilling your Church callings and responsibilities, serving others, writing letters, writing in your journal, and doing family history work. Your behavior and dress on the Sabbath should show respect for the Lord and His holy day.

Journal	scriptures	Writing Letters
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Group 3



Taken from "For the Strength of Youth"

Sunday is not a day for shopping, recreation, or athletic events. Do not seek entertainment or make purchases on this day. Let others know what your standards are so they can support you. When seeking a job, share with your potential employer your desire to attend your Sunday meetings and keep the Sabbath day holy. Whenever possible, choose a job that does not require you to work on Sundays.

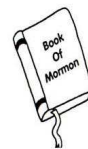
Don't
Shop

Don't
Work

Don't
do sports



Group 4



Taken from "For the Strength of Youth"

Observing the Sabbath will bring you closer to the Lord and your family.
It will give you an eternal perspective and spiritual strength.

Family

The Lord

strong