

Raincoat Activity

Dress and Appearance

The team chooses one person who they then dress up in clothes from a box. They are told that this person needs to be protected so to dress them appropriately. After the person is dressed, the other team members are given squirt guns to shoot at the dressed person.

Points: They get 5 points just for doing it.

Wrap-up: Once the person was dressed, were they appropriately covered? We are asked to dress modestly to show respect to our bodies and to protect ourselves. "The way you dress is a reflection of what you are on the inside. Your dress and grooming send messages about you to others and influence the way you and others act."