

## INSTRUCTIONS FOR EACH TEAM

(Have everyone meet in the RS room. Divide the room into 4 (I put tape down on the floor to do this.) Place YM/YW in 4 equal teams. When all are placed in teams, read these instructions to everyone at the same time.)

“You have been chosen to participate in the “Amazin’ Grace”.

“You have been assigned to a team. Your team will be performing challenges that will test your skills and try your strength—both physical and mental. You must listen to the instructions very carefully and follow each one very closely. If you do not follow each instruction, you will have to start the challenge over again.

One person on your team will be designated the “instructor” by the vehicle driver. He/she will be in charge of telling the driver of the vehicle which roads to take to the next challenge.

Your driver has been instructed to follow the laws of the land. (No speeding, Slowing down at yellow lights, Full stops at stop signs, etc.) You must have your seatbelts on for the driver to go.

The first team to complete each challenge and return will be the winner of the prize. Good luck to each of you.

Your first challenge lies in the cultural hall.”

(NOTE: The prize for the “winner” should be something that everybody can share. I had a “treasure box waiting in the cultural hall full of wrapped chocolate and powdered doughnuts. On the bottom of the wrapper I placed the scripture—2 Nephi 25:23 “For we know that it is by “The amazin’ grace” that we are saved, after all we can do.”)

Once everyone is in the cultural hall, start with this one.

**Just for Kicks**—Stuff your face!!—Cultural Hall

INSTRUCTIONS—Before hand, set up 4 tables in cultural hall, have food set up on a plate(s) on each table—each team must have the same amount of plates, this means that some teams with less people will have more to eat. (This can be individual jellos, bowls of popcorn, pretzels, etc.)

SAY: “You will be given a chance to be spiritually fed tonight. Before we can fill our minds, we will need to fill our stomachs. This challenge is for your physical body. Each one on your team will need to finish all items on your plate before you get your first clue.”

Once all the food is gone, give them the first envelope. (#1) (Each of these envelopes will have a different address on it, sending each of the 4 groups to a different location.)

(Put the following 4 strips in 4 envelopes marked “#1”. These will be handed out after each team that finishes the “Just for Kicks” in the cultural hall.)

Envelope 1. Congratulations on finishing your first task. This is the most simple one of the evening. You are now on your way to the grand prize!

Your next stop will be: \_\_\_\_\_ (address to location # 1)\_\_\_\_\_.  
You will get your next instructions there. Be sure to have all in your group arrive before you begin!!!

Envelope 1. Congratulations on finishing your first task. This is the most simple one of the evening. You are now on your way to the grand prize!

Your next stop will be: \_\_\_\_\_ (address to location # 2)\_\_\_\_\_.  
You will get your next instructions there. Be sure to have all in your group arrive before you begin!!!

Envelope 1. Congratulations on finishing your first task. This is the most simple one of the evening. You are now on your way to the grand prize!

Your next stop will be: \_\_\_\_\_ (address to location #3)\_\_\_\_\_.  
You will get your next instructions there. Be sure to have all in your group arrive before you begin!!!

Envelope 1. Congratulations on finishing your first task. This is the most simple one of the evening. You are now on your way to the grand prize!

Your next stop will be: \_\_\_\_\_ (address to location #4)\_\_\_\_\_.  
You will get your next instructions there. Be sure to have all in your group arrive before you begin!!!

**Challenge 1-- Speak No Evil (Corral with bells)—LOCATION #1**

INSTRUCTIONS—Before hand, set up a corral in someone's backyard. You can use rope around trees, or posts in the ground or something to this manner, (make sure it is large enough for everyone in the group to fit into.) If you don't have something to wrap rope around, you can make a corral out of sprinkler pipe put together with joints. Make sure it is possible to get into using objects in the yard (ie chairs, stepping stools, etc.) You will also need to purchase bells to tie onto the rope. (They can be found in any craft store.)

HAVE A SPOT IN THE FRONT YARD WHERE THE NEXT GROUP CAN WAIT UNTIL THEIR TURN.

(Before entering the back yard read the following.)

SAY: "When we were in the Pre-existence, we were all happy—we chose to come to this earth to be tested. From this point forward, you are not allowed to speak to one another. You can, however, use hand motions or gestures."

(Enter into the backyard)

SAY: "Your goal is to get everyone on the inside of the ropes without making the bells sound. If they do sound, you will have to start again. You may not touch the bells or the rope. You can use anything you see in order to reach your goal."

(Let them try, if the bells sound, have them start over again. Once everyone is inside the ropes give them the next envelope (in proper order—2, 3, 4 & 5)

(Put these 4 strips into envelopes marked #2, #3, #4, & #5. Give these to the instructor at **LOCATION #1.**)

Envelope 2. Way to go! This challenge I'm sure left you with your energy drained. You learned to get passed "life's highs and lows", walk the "straight and narrow", "think outside of the box", "meet your goals", "balancing time", "keeping your reservoir full", and sometimes "life can be a drag." But don't let that get to you. You will discover in time that the more you are of "service" the more you lose yourself in giving to others.

Your next destination is: \_\_\_\_\_ (address to location #2) \_\_\_\_\_. Your next instructions will be there. Be sure to keep the whole group together. Drive safe!!!

Envelope 3. Way to go! This challenge I'm sure left you with your energy drained. You learned to get passed "life's highs and lows", walk the "straight and narrow", "think outside of the box", "meet your goals", "balancing time", "keeping your reservoir full", and sometimes "life can be a drag." But don't let that get to you. You will discover in time that the more you are of "service" the more you lose yourself in giving to others.

Your next destination is \_\_\_\_\_ (address to location #2) \_\_\_\_\_. Your next instructions will be there. Be sure to keep the whole group together. Drive safe!!!

Envelope 4. Way to go! This challenge I'm sure left you with your energy drained. You learned to get passed "life's highs and lows", walk the "straight and narrow", "think outside of the box", "meet your goals", "balancing time", "keeping your reservoir full", and sometimes "life can be a drag." But don't let that get to you. You will discover in time that the more you are of "service" the more you lose yourself in giving to others.

Your next destination is \_\_\_\_\_ (address to location #2) \_\_\_\_\_. Your next instructions will be there. Be sure to keep the whole group together. Drive safe!!!

Envelope 5. You have finished all that is required of you, return with honor to the cultural hall.

Challenge 2. See No Evil--Finding your way—**LOCATION #2**

INSTRUCTIONS—Before hand, put a “goal” (this can be just a piece of paper, or a painted rock, or something to that effect) somewhere in a fenced off yard—make sure it is out of sight. Also, make sure there are no harmful obstacles in the yard.

HAVE A SPOT IN THE FRONT YARD WHERE THE NEXT GROUP CAN WAIT UNTIL THEIR TURN.

(Have everyone step inside the gate)

SAY: “To complete this task, you must all end up at the appointed goal.”

(Do not tell them where the goal is. Make the goal so it is not visible when they enter the yard. Pull out the blindfolds and show them.)

SAY: “When we entered this world, our eyes were closed and we will need help in order to reach our goal. There will be one appointed who will show the way.”

(They will not know who this will be because it will be the first one to reach the goal, or it will be the person you appoint after 3 minutes of everyone trying.)

HAVE ALL PUT ON BLINDFOLDS—AFTER THEY ARE ON, TURN EACH INDIVIDUAL IN A DIFFERENT DIRECTION.

SAY: “Now find your way, and remember that only the “appointed” one will be able to call the rest to the goal.”

(Time them for 3 minutes. Then “appoint” someone who will be calling the group towards him/her. He/she will not be allowed to touch anyone—only by voice can he/she get the rest to the goal. Once a person reaches the goal, they can take off the blindfold, but only the “appointed” one is allowed to call the rest to the goal.)

Once everyone has reached the “goal” give them the next envelope (in proper order—2, 3, 4 & 5)

(Put these 4 strips into envelopes marked #2, #3, #4, & #5. Give these to the instructor at **LOCATION #2.**)

Envelope 2. Service is what life is all about. Our Prophets and Apostles give all they have to the building up of the Kingdom of God. Do you know how to locate it? You must look within to find the solution.

Your next destination will help you discover the way to Life Eternal. Make you way to \_\_\_\_\_(address to location #3)\_\_\_\_\_. Be sure to keep your group close, you may not start the challenge without everyone there. Drive carefully!

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Envelope 5. You have finished all that is required of you return with honor to the cultural hall.

Challenge 3. Hear No Evil—Question and Answer—**LOCATION #3**

INSTRUCTIONS—Before hand, get a picture of all the general authorities. You can purchase these from the distribution center. You will also have to go online to [www.lds.org](http://www.lds.org) and get the information about each apostle. You will find the information in each of the Friend issues from January 2006 to December 2006—look for “Special Witness: Guess Who.” I chose 3 facts about each apostle and wrote each fact about them down word for word on a separate sheet of paper. (This means you will have 3 sheets of paper for each apostle.) Also, you will need to print 2 copies of each “Special Witness.” One (unhighlighted) for the YW/YM to use as a reference and the other (highlight the facts you chose) for the person who is giving the instructions.

HAVE A SPOT IN THE FRONT YARD WHERE THE NEXT GROUP CAN WAIT UNTIL THEIR TURN.

(Have pictures of prophets up for when they arrive.)

SAY: “We are now here on this earth to learn and grow—both physically and spiritually. We are commanded to help one another and to give service. We have been given twelve apostles who help us follow the Lord’s commandments. But what do we know of them? Here is a picture of the Twelve. Under each apostle’s picture, you are to place the correct 3 answers. I have a “Special Witness” for each apostle to help you out.”

Once all the answers are correct, give them the next envelope (in proper order—2, 3, 4 & 5)

(Put these 4 strips into envelopes marked #2, #3, #4, & #5. Give these to the instructor at **LOCATION #3.**)

Envelope 2. Christ was the one appointed to show us the way to life eternal. If we follow the commandments and live by faith and charity, we will be able to reach our goal of Eternal Life, a life with our Heavenly Father. Without the help of our Brother, Jesus Christ, this would not be possible.

To reach your next challenge, head to \_\_\_(address of location #4)\_\_\_\_. Your next instructions will be there for you. Be sure to wait in the designated area until you are invited in. Be Safe!

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Challenge 4. Monkey Business—Obstacle Course—**LOCATION #4**

INSTRUCTIONS—Before hand, you will need to set up this obstacle course. Each item is self-explanatory in the parenthesis.

HAVE A SPOT IN THE FRONT YARD WHERE THE NEXT GROUP CAN WAIT UNTIL THEIR TURN.

(Enter the back yard)

SAY: “In the Proclamation to the World, we were told that successful families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love compassion, work and WHOLESOME RECREATIONAL ACTIVITIES. Here is a course for you to follow. When you are through, you must wait for the others to finish.”

(Explain the course)

**\*\*\*LIFE'S HIGHS AND LOWS—we all have them**

(Players must throw a water balloon high in the air, spin around and then catch it, without breaking it.)

**\*\*\*THE STRAIGHT AND NARROW—this helps when you don't know which way to go**

(Set up a board on two cinder blocks and tie some balloons to it. Players must walk across, stepping over the balloons and stopping in the middle to spell “Mormon” aloud backward. )

**\*\*\*THINK OUTSIDE THE BOX—there may be more than one right solution to the problem**

(Lay out a row of boxes (or laundry baskets). Players must jump from one to the next. )

**\*\*\*MEET YOUR GOALS—helps you look forward to the future**

(Place a clean trashcan 10 feet from a throw line. Players try to toss a Frisbee into the can.)

**\*\*\*BALANCING TIME—there is very little time.... use it wisely**

(Players must balance a golf ball on a tee as they walk through ropes and back.)

**\*\*\*KEEPING YOUR RESERVOIR FULL—when you are down and out study and prayer will help**

(Line up several lawn chairs 2 to 3 feet apart. Players must skip around each chair, and back, while carrying a half-filled paper cup of water. If they spill, they must start over. )

**\*\*\*LIFE CAN BE A DRAG—life is not easy. Sometimes we must sit back and relax a bit.**

(Players use a rake to drag a ball through lawn chairs and back.)

Once all have finished the course, give them the next envelope (in proper order—2, 3, 4 & 5)

(Put these 4 strips into envelopes marked #2, #3, #4, & #5. Give these to the instructor at **LOCATION #4.**)

2. As you found out, getting into the Kingdom of God requires help from others. We have been commanded to be “willing to **mourn with those** that mourn, yea, and comfort **those** that stand in need of comfort, and to stand as witnesses of God at all times and in all things, and in all places that ye may be in, even until death, that ye may be redeemed of God, and be numbered **with those** of the first resurrection, that ye may have eternal life.”

For your next challenge head to: \_\_\_\_\_(address to location #1)\_\_\_\_\_. Good luck and drive carefully!

3. As you found out, getting into the Kingdom of God requires help from others. We have been commanded to be “willing to **mourn with those** that mourn, yea, and comfort **those** that stand in need of comfort, and to stand as witnesses of God at all times and in all things, and in all places that ye may be in, even until death, that ye may be redeemed of God, and be numbered **with those** of the first resurrection, that ye may have eternal life.”

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For your next challenge head to: \_\_\_\_\_(address to location #1)\_\_\_\_\_. Good luck and drive carefully!

5. You have finished all that is required of you return with honor to the cultural hall.

DRIVER INSTRUCTIONS—Hand out to each driver before you read the instructions for each team, along with a printed map—you can get this from mapquest or any other online map place.)

You are **not** part of the team, **you are the judges/driver**. The team you drive must follow all the rules in order to make it on to the next challenge.

Driving rules (for safety and fairness):

1. You will designate someone in the car to give directions. You will have to follow those directions (even though they may be wrong.) The “instructor” will have a map so they will be able to give the directions.
2. All passengers will have to put on seatbelts before you start your engine. If they don't, do NOT start the car.
3. You must follow all the traffic signs. If it is a yellow light, you must slow down and stop. If it says “25 mph” you must go 25 mph. ETC.....

Challenge rules:

1. Wait in the designated area until all the group arrives to the location. After everyone arrives (and the previous group is gone), the homeowner will be out to get the next group.
2. On each challenge, there will be instructions. Listen to the instructions and help the YM/YW follow those instructions.

